

Associate Degree Graduation Requirements

(1) Complete all department requirements with a “C” or better or “P” in each course (at least 20% of the department requirements must be completed through SBCC); (2) Complete at least 18 units of General Education Requirements ([Areas A-D](#) of the SBCC General Education pattern); (3) Complete the SBCC Institutional Requirements ([Area E](#)); (4) Complete the Information Competency Requirement ([Area F](#)); (5) Complete a total of 60 degree-applicable units (SBCC courses numbered 100 and higher); (6) Maintain a cumulative GPA of 2.0 or better in all units attempted at SBCC; (7) Maintain a cumulative GPA of 2.0 or better in all college units attempted; and (8) Complete 15 units through SBCC.

Department Requirements

(Total Department Units: 27.5-29.5)

<i>Current Course No.</i>	<i>Previous Course No.</i>	<i>Title</i> <small>applies to SBCC GE areas</small>	<i>Units</i>	<i>Institution & Course No.</i>	<i>Grade</i>	<i>Units (s/q)</i>	<i>Term</i>
• CNA 105.....	(none)	Art of Caring Person w/ Dementia-Memory Care.....	4.5	_____			
• CNA 106.....	(none)	Comp Comm Caregiv: Art Connect Care Giv Rltshp	1.0	_____			
• HE 201.....	(GERO 101)	Introduction to Healthy Aging	3.0	_____			
• HE 202.....	(GERO 102)	Health Promotion: Behav Change Theories & Pract.....	3.0	_____			
• HE 203.....	(GERO 103)	Hlth Promo: Lifestyle Mod & Prev Hlth Care Strat.....	3.0	_____			
• HE 290.....	(GERO 290)	Work Experience in Healthy Aging.....	1-2	_____			
• PSY 100.....	(PSYCH 100/1).....	General Psychology ^B OR	3.0	_____			
PSY 100H.....	(PSYCH 100HR)....	General Psychology, Honors ^B	4.0	_____			
• PSY 145.....	(PSYCH 145).....	Human Development ^B	3.0	_____			
<i>Plus two of the following:</i>							
• ADC 124.....	(none)	Chemical Dependency and the Family	3.0	_____			
• BMS 128.....	(BIOMD 128/4) ...	Human Nutrition.....	3.0	_____			
• PSY 115.....	(PSYCH 115).....	Psychology of Health and Effective Behavior ^B	3.0	_____			
• PSY 175.....	(PSYCH 175).....	Social Psychology: Psych. Perspectives ^B	3.0	_____			
• SOC 104	(4)	Social Psychology ^B	3.0	_____			

Additional Program Information

For further information, contact the Counseling Center, 965-0581, Ext. 2285, or Kathy O’Connor, Department Chair, (805) 965-0581, Ext. 2322.

SBCC AA/AS Degree Graduation Requirements Worksheet (Must complete I, II, III and IV below)

I. General Education, Institutional & Information Competency (Institution & Course Number) Grade Units (s/q) Term

A-D. General Education Requirements**			
A. Natural Sciences with Lab			
B. Social and Behavioral Science			
C. Humanities			
D. Language and Rationality			
D-1. English Composition			
D-2. Communication and Analytical Thinking			
E. SBCC Institutional Requirements**			
E-1. Mathematics			
<i>Plus complete three out of the four areas listed below (E-2 through E-5)</i>			
E-2. American Institutions			
E-3. Physical Education/Health Education			
E-4. Oral Communication			
E-5. Multicultural/Gender Studies			
F. Information Competency Requirement**			

**For specific course, unit, grade and other graduation requirements see the General Education, Institutional and Information Competency Requirements handout available in the Counseling department or visit <http://www.sbcc.edu/apply/files/gereq.pdf>

II. Unit and Grade Point Average Requirements: Refer to Graduation Requirements on the other side of this document.

	<i>Total Semester Units Attempted</i>	<i>Total Semester Units Completed</i>	<i>Grade Points</i>	<i>GPA</i>
SBCC				
Transfer				
Total				

III. Residency Requirements: 1) 15 units completed through SBCC? Yes No
 2) 20% of Department Requirements completed through SBCC? Yes No

IV. Department Requirements: Refer to the other side of this document for a list of required courses. Were all department requirements completed with a "C" or higher or "P" in each course? Yes No

Waivers/Substitutions: _____

Counselor Comments: _____

Student's Name: _____ Student ID: K _____

Counselor's Name: _____ Code: _____ Date: _____



Santa Barbara City College

Healthy Aging

2017-18

Associate in Arts Degree in Healthy Aging

The Healthy Aging program is a multifaceted program responding to the challenge of meeting the need for individuals interested in working with adults and the elderly in our aging society. The Healthy Aging program is part of the Health Education department offered in collaboration with the School of Nursing. These courses provide students with the opportunity to earn an Associate of Arts Degree with transfer credit towards a Bachelor's degree in the field of Health Promotion and Aging.

Careers in Healthy Aging

This program prepares students to enter the work force as professionals who work with the aging population in areas such as gerontology, health promotion, nursing, health maintenance, exercise, and accident and fall prevention. It also prepares individuals for re-entry into the workforce through a series of Healthy Aging courses aimed at promoting the health and quality of life of older adults.

Program First Offered: Spring 2016

SBCC: Your Open Door to Educational Excellence